

Dr. Sudip Bose treats a wounded soldier in Najaf, Iraq. Bose spent 15 months as an Army doctor during the Iraq war. That's one of the longest deployments of a military physician since World War II. He's now an emergency physician at Christ Medical Center in Oak Lawn.

When enemy gunfire and roadside bombs are blasting all around you, when Saddam Hussein requires your urgent medical attention, when America's bravest men and women depend on your expertise to survive, what's the one thing an Army doctor can do?



Bose poses in the emergency room at Christ Medical Center in Oak Lawn. MATT MARTON — SOUTHTOWNSTAR

## FOCUS

Pifteen months. That's how long Dr. Sudip Bose spent as an Army doctor in Iraq — one of the longest deployments of a military physician since World War II.

In that span, Bose saw the horrors of war and was responsible for helping its casualties survive countless acts of violence.

He even treated Saddam Hussein, though citing the patient-doctor relationship, he says he can't divulge too much about that experience.

Through it all, Bose maintains

confidence in the good side of humanity.

These days he's an emergency physician at Christ Medical Center in Oak Lawn, but Iraq remains near and dear to his heart.

He's taken on a mission to raise awareness about post-traumatic stress disorder, traveling to hospitals, schools and churches throughout the country to spread the word.

Because the horrors of war, Bose says, do not always remain on the battlefield.

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Dr. Sudip Bose loads up his gear in Fort Hood, Texas. In his 15 months as an Army doctor in Iraq, Bose treated thousands of servicemen and women fighting in the war. He's now an emergency physician at Christ Medical Center in Oak Lawn.

## WHEN THE BEST **MEETTHEWORST**

In his 15 months as an Army doctor in Iraq, this physician saw the ugly side of humanity - he even treated Saddam Hussein

BY MAURA POSSLEY

He was alongside U-S forces in Najaf, Iraq, as they fought the Al-Sadr militia. He was there as troops seized the Iraqi city of Fallu-jah.

In his 15 months as an Army doctor in Iraq — one of the longest deployments of a military physician since World War II — Dr. Sudip Bose saw the worst humanity can offer.

His tour treating thousands of servicemen and women fighting in the war was spent on those front lines or at the scene of a raid or injury as part of what's called the Quick Reacting Pages in the let Called Reaction Force in the 1st Calvary Division.

He's also treated one of the

most notorious men to walk the earth — Saddam Hussein, the former president of Iraq convicted and hanged and one reason the United States invad-

ed the country.

Today, four years
after Bose returned from duty, he serves on a different sort of front line in the emer-

gency room at Christ Medical Center in Oak Lawn as its Center in Oak Lawn as its attending emergency physician

"The injuries are many times uncontrollable — being at the wrong place, wrong at the wrong place, wrong treating the air the wrong place and recalling treating the aftermath of roadside bombs and improvised explosive devices.

A native of Naperville, Bose Joined the Army while at Northwestern University in 1995, He began his career as a resident physician at the Darnall Army Medical Center in Fort Hood, Texas.

"You see and experience hornfic things, but at the same time you see incredible acts of courage and humanity — soof clilow comrade, working together with locals to build schools and conduct clinics." Bose said of his service.

"For me, it was revarding the service of the service o

schools and conduct curues,
Bose said of his service.
"For me, it was rewarding
to be out there to help our soldiers and injured
locals. This is what

kept all of us going — that despite the chaos and horrors of war, humanity can still rise

Bose is as humble in his experiences as he is dedicated to the patients in his care.

So much so that even for a man despised by Americans and some Iraqis — Hussein — he wouldn't divulge details of his care, citing his It's tough to reintegrate into a modern world after being in a zone where you're just concerned about surviving; soldiers sometimes feel detached, indifferent and even frustrated with 'problems' we have here.

DR. SUDIP BOSE, ON SOLDIERS RETURNING FROM COMBAT

patient-doctor relationship.

"When things happen like that, you just focus on your mission and you don't really have time to feel," Bose said. "You just don't think about your emotions at that point,

your emotions at that point, you just act."

In Iraq. Bose became a sounding board for soldiers in his care, he said. Through those conversations emerged his new mission in the Southland.

When he's not reacting to trauma in Christ's emergency.

room, Bose is out speaking here and across the country in hospitals, schools and church-es about a rising need for awareness on post-traumatic stress disorder.

"Even if you come back 'uninjured', you can have mental abrasions that can be worse — these are the things that go unrecognized," the doctor

said. "It's tough to reintegrate into a modern world after being in a zone where you're just concerned about surviving; soldiers sometimes feel detached, indifferent and even frustrated with 'problems' have here."

have here."

As advances in medicine have brought more soldiers back from war alive, more will suffer from emotional scarring that just as urgently needs treating, Bose said.

"It's important for us to understand what they've been through so that we can make re-integration easier," he said. "There are hundreds and thousands of soldiers coming back-sands of soldiers coming backsands of soldiers coming back, and at some point each of us will interact with one."

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